



Life Coaching Agreement

The following represents the Contract between Amanda Calfee, and _____, known as the "Client". The Services contracted shall be that of life coaching, as set out below (Amanda Calfee). Please read it carefully and raise any questions or concerns that you have with me before agreeing to the contract. This agreement will begin upon acceptance by Client and shall remain valid for the duration of the Client-Coach relationship. **12 Session Package with Session Duration of 60 mins.**

Services: \$1797

The services provided by Amanda Calfee are generally conducted via Zoom. Coaching is a partnership focused on developing the client's awareness, thinking, and abilities in order to help the client identify and achieve her personal goals. In coaching conversations, I will be kind, direct, honest and encourage the Client to do the same. The success of the coaching engagement depends upon the Client's commitment and openness to the process.

If the Client believes that coaching is not working as desired, the Client agrees to communicate this to Amanda. Please note that life coaching should not be used as a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment and I will not use it in place of any form of diagnosis, treatment or therapy.

Terms of Coaching:

I invite you to think of Coaching as a process. Many people create change for themselves in a short time. However, to refine and sustain the change takes several months. Although not binding, I would ask that you expect our Coaching relationship to last one session.

Confidentiality:

Amanda Calfee fully protects the privacy and confidentiality of the communications with her Clients. At no time will Amanda voluntarily divulge the coaching relationship between herself and her Client without written permission from the Client, unless required to do so by law.

My Coaching Commitment:

I will honor the time that we are together and hold your confidence. ~I will not judge you and will respect your perceptions of the world. ~ It is not my job to change you. ~It is my privilege to bring you awareness, clarity of choices, and if you choose, transformation to your life. ~This is my personal commitment to you to be impeccable with my word and keep my commitments to you.~I will present with an open heart. ~I will always hold you in positive focus. We will concentrate on what is working in your life and how to create more that will work for you. ~I believe you have all the answers within.

Fees:

Coaching fees are paid in advance of sessions. Payment for Coaching Sessions is to be made online through Stripe via the payment link I send. In the event Client fails to pay any amount due by 24 hours prior to the scheduled session, it may be canceled at the Coach's discretion. This includes when client is given the option of payments through me. Payment 1 will be due at sign up and then payment 2 and 3 will be required before we coach month 2 and then before month 3. Any previously booked appointments will be rescheduled until after payment(s) are received.

Coaching Sessions:

At the scheduled appointment time, the Client agrees to call the Coach with the agreed upon zoom link. Amanda and the client commit to start and finish each 60 minute session on time. Unless we mutually agree to extend. Client agrees to meet weekly for the duration of the agreed package. With exceptions to be made for holidays or scheduling availability within coaches schedule. If the client is more than 10 minutes late for a coaching session, the Coach will assume the session is canceled and the client will forfeit the session.

Cancellations:

Amanda asks that **you give 24 hours notice if you need to cancel or change the time of appointment.** Amanda will make every effort as well, to reschedule sessions which are canceled in a timely manner. **If a client does not cancel in a timely manner on a regular basis, Amanda will need to end the coaching relationship. Canceling with less than 24 hours beforehand and/or no-show appointments means the Client forfeits the session.**

Termination of Services:

Either Party may terminate this Agreement immediately upon notice. **Amanda's fee is billed in advance and is non-refundable.** There will be no refunds or credits for partial service, or refunds for unused or forfeited sessions.

Limitation of Liability:

IN NO EVENT SHALL AMANDA CALFEE BE LIABLE TO CLIENT FOR ANY SPECIAL, PUNITIVE, INCIDENTAL, INDIRECT, OR CONSEQUENTIAL DAMAGES OF ANY KIND IN CONNECTION WITH THIS AGREEMENT.

Reviews/Testimonials:

I give Amanda Calfee permission to share any reviews or testimonials that I create (video, audio or written) publicly for use of future advertisement.

Entire Agreement:

This Contract constitutes the entire agreement between the Client and Amanda. Amanda shall not be held responsible and shall remain blameless for any adverse or other consequences, including but not limited to financial, personal, employment or other losses, arising out of decisions or actions the Client may make as a result of the Services provided by Amanda.

Client Signature: _____

Date: _____

☐ I agree to these terms and conditions of this agreement.